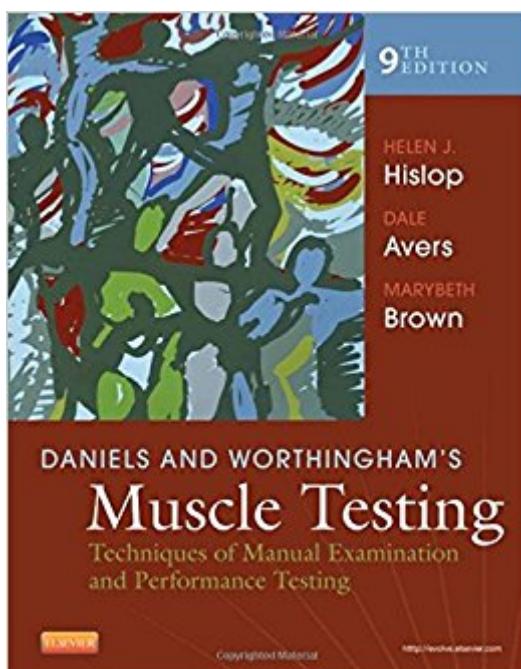


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# Daniels And Worthingham's Muscle Testing: Techniques Of Manual Examination And Performance Testing, 9e (Daniels & Worthington's Muscle Testing (Hislop))



## Synopsis

A practical handbook on evaluating muscular strength and function, Daniels and Worthingham's Muscle Testing: Techniques of Manual Examination and Performance Testing, 9th Edition makes it easy to understand and master procedures in manual muscle testing and performance testing. Clear, illustrated instructions provide a guide to patient positioning, direction of motion, and direction of resistance. In addition to muscle testing of normal individuals and others with weakness or paralysis, this edition includes new coverage of alternative strength tests and performance tests for older adults and others with functional decline (such as the inactive and obese). Written by educators Helen J. Hislop, Dale Avers, and Marybeth Brown, this classic physical therapy reference now features an Evolve companion website with video clips demonstrating key muscle testing techniques. Drawings and arrows along with clear written directions make it easy to understand and perform muscle testing procedures, allowing you to assess deficits in strength, balance, and range of motion. More than 600 illustrations clearly show testing sequences, muscle anatomy, and muscle innervation. Video clips of over 100 muscle tests on the Evolve companion website demonstrate the art and technique of muscle testing in a clinical setting. Details of muscle anatomy and innervation help in linking muscle topography with function. Helpful Hints and Substitutions boxes provide additional tips and highlight muscle substitutions that may occur during a test to ensure greater accuracy in testing. A constant reference number clearly identifies each muscle in the body, indexed in the Alphabetical List of Muscles by Region as well as in the Ready Reference Anatomy Manual on Evolve, to speed cross-referencing and help you quickly identify any muscle. NEW chapters on performance testing cover functional strength testing in older adults and those with functional decline, and testing muscle performance in various clinical settings. NEW chapters on manual muscle testing address when to use manual muscle testing, the limitations of manual muscle testing, and alternatives to manual muscle testing. UPDATED references for each chapter include the most current evidence-based information. NEW! An Evolve companion website helps you hone your manual testing skills with video clips of over 100 muscle tests and with the Ready Reference Anatomy Guide.

## Book Information

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## **Customer Reviews**

This book is good for testing larger muscles, like the deltoids and traps, but really confusing for smaller muscles, like the thenar muscles.

I needed this book for PT School and provides brand new copies with all disks and/or access codes that you can get if you buy the book at your bookstore. Very pleased with and I will be sure to look at for my future textbook needs.

I gave this book to my girlfriend as a gift for her class as a physical therapist. She "aced" the class with all As and has this book to thank for a great part of her success.

This book was very clear and easy to read. It gives great, concise instructions on how to do MMT. Great book for PT and AT students.

Good MMT textbook but wish it only had upper extremity for OT studies. Some directions were not as common as professor taught us but it gets the job done. Probably will keep for future reference.

It's a great text book for students, really helpful. The images and descriptions could be clearer at times but it's a book. If they were in the proper position you wouldn't be able to see anything.

I live on this book! Perfect condition. It's been three years since I bought it and I still use it on a weekly basis.

Product was described well and the shipping and delivery communicated realistically.

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